

I can be Responsible: Respecting the Rules

Key Commitment- Using Good Judgment

- I respect rules in golf and in life.
- I am honest with myself and with others.
- I have the courage to do what's right, even when it's hard.

Overview

A **responsibility** is something you are expected to do or even a way that you are expected to act. Whether you are on or off the golf course, demonstrating responsibility and **respect** for rules is a way of **Using Good Judgment**. Responsibility is a choice. Acting responsibly is a commitment. Choosing to play the game of golf includes accepting the responsibility to respect the rules and keep the golf course and its surroundings in better shape than you found them, and to keep up with the pace of play.

Coaching Tips

- As you introduce the rules, think of creative ways to allow participants to experience the rules scenario.
- Each of us is responsible for the personal choices we make. Coaches can support participants in engaging in this reflection.

- It can be helpful to have players aim their club face and then set their feet to get them used to getting into a starting position as opposed to moving around.

Golf Etiquette & Rules of the Game

- Players understand the importance of keeping up with pace of play by being ready when it's their turn
- Players understand how to take care of the golf course by repairing ball marks and replacing divots
- Players understand the importance of taking care of their equipment by keeping it clean

Golf Skill

- Distance Response: size or length of motion.
- Target Awareness: target selection.
- Get Ready to Swing: hold, set up, aim, club, and body alignment.

Swing Cues

- Putting Cues: Y-Putt-Y
- Chipping Cues: Y-sweep-Y
- Pitching Cues: L-sweep-Y
- Full Swing Cues: Circle away- sweep the ground. Circle high.

Activities

Intro and Warm Up (10 Minutes):

Activity 1 (25 minutes): [LeapFrog \(Click here for video\)](#)

Activity 2 (25 minutes): [Golf Bocce \(Click here for video\)](#)

Activity 3 (25 minutes): Range
Wrap Up (5 minutes)

Guiding Questions

1. What are some examples of responsible actions and good choices?
2. How can you show personal responsibility?
3. How can you demonstrate responsibility on the golf course?
4. How can you tell if someone is respecting the rules?
5. In what way is being responsible an example of using good judgment?
6. What are the parts of the golf club?
7. Why is it important to take turns on the golf course?
8. What did you learn about aiming today?

Key Terms

Divot
Clubface
Shaft
Grip
Toe
Heel
Stroke