



Coach Philosophy & Building Blocks

First Tee understands that when young people are (a) exposed to the inherent values of the game of golf, (b) surrounded by caring First Tee Coaches, and (c) taught life skills through the First Tee Program, the probability increases that they will acquire and demonstrate First Tee's Key Commitments: Pursuing Goals, Growing through Challenge, Collaborating with Others, Building a Positive Self-Identity, and Using Good Judgment.



When combined, these components contribute to Building Game Changers.

Golf

Golf is a fun and engaging activity that provides challenge, requires commitment and effort over time, and has clear rules.

Trained Coaches

First Tee Coaches guide participants to understand and use the Key Commitments through coaching, feedback, modeling, and other processes inherent to the game.

First Tee Curriculum

First Tee participants are exposed to lessons dedicated to each Key Commitment in an age-appropriate way.

First Tee's Coach Philosophy is implemented through 4 building blocks.

Activity-Based

Coaches recognize learning is experiential and structure activities that integrate life and golf skills seamlessly to further engage players in the learning process.

Mastery-Driven

Coaches create environments that encourage participants to pay attention to their own experiences and seek challenges, balancing the focus on process and outcome.

Empower Youth

Coaches value youth involvement and encourage players to participate in decision-making. This is the foundation for all Coaches to engage youth in their own learning journeys.

Continuous Learning

Coaches use Good-Better-How and coachable moments for self-monitoring, providing feedback, and finding long-term solutions rather than short-term fixes.

