

## Getting to your Goal: Plan to Achieve

### Key Commitment- Pursuing Goals

- I am excited to grow and learn
- I am not afraid to fail
- I am learning from both my achievements and setbacks

### Overview

A plan is simply a series of steps that will lead you to your goal. Picture a ladder: Your goal is at the very top of the ladder, and you have to climb each rung one step at a time until you reach your goal. The idea of a **goal ladder** lets you look back to see what progress you have made and look ahead to see how far you need to go to reach your goal

### On Course Play and Coaching Tips

- Share with participants that a plan is a series of steps that lead them to their goal
- Help players identify a goal for the session and help them design an action plan to achieve that goal

### Guiding Questions

1. Why do you need to plan to reach your goal?
2. What can you learn from the process of climbing your goal ladder?

### Schedule

**3:00-3:15** - Warm up putting, chipping, and on the range as needed

**3:15-5:00** - Play 9 holes

**5:00**- Collect scorecards

Playing Distances, Levels, and Flag Colors	
Standard Levels	
Level 1- Orange	25 Yards (225 Yards)
Level 2- Yellow	50 Yards (450 Yards)
Level 3- Green	100 Yards (900 Yards)
Level 4- Blue	150 Yards (1350 Yards)
Level 5- Purple	200 Yards (1800 Yards)
Full Tee Box Levels	
Level 6- Orange	1801-2300 Yards
Level 7- Yellow	2301-2600 Yards
Level 8- Green	2601-2900 Yards
Level 9- Blue	2901-3200 Yards
Level 10- Purple	3201+ Yards

**Number of Players:** 6; 3 per group with 1 pro

**Ages:** 12+

**Key Commitment:** Pursuing Goals